



St. Jérôme Church of England Bilingual Primary School

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Friday, 30th November 2018

Dear Parents / Carers,

Discussion Group for Parents and Carers

Being a parent or carer of a child is a very rewarding and challenging vocation. At St Jérôme School we would like to offer a space for parents and carers to meet, reflect and talk through the opportunities and challenges of parenting to provide mutual support and encouragement to one another.

From the second week of the Epiphany term (week beginning 14th January), we are pleased to host a five-week parenting discussion series facilitated by parents. Each session in the series will provide the opportunity to listen to a talk, interspersed with opportunities for group discussion. Refreshments will be provided and it will be a good opportunity for parents to get to know each other. The material that will be used as the basis for discussion arises from the wisdom of the Christian tradition, but we believe what it says is truly profound and provides a wealth of practical tools and ideas, which may be of benefit to all parents and carers.

In particular, the discussion series will offer the opportunity to reflect on:

- Avoiding 'power struggles', where both the parent and the child are fighting for control in a particular situation.
- Creating an atmosphere of mutual love and respect, where the relationship you have with your child(ren) is protected and strengthened.
- Teaching your child(ren) to manage increasing levels of freedom.
- Creating a safe place for your child(ren) to build confidence and personal responsibility.

The discussion series could either take place in the morning after school drop-off (childcare would be provided) or in the evening. We are keen to ensure that as many parents that would like to attend are able to do so and therefore kindly request you respond letting us know what your preference(s) / availability would be in terms of timings from the below:

- Monday 9.00am - 10.30am
- Tuesday 7.30pm - 9.00pm
- Wednesday 9.00am - 10.30am
- Thursday 7.30pm - 9.00pm

Please register your response via the Google Form link below by **Friday 7th December**.

<https://goo.gl/forms/UZcYnADeK7CbbaLX2>

If you would be able to attend at more than one of the times please include all the times you would be available. Once responses have been received we will make arrangements for the discussion group to take place at the time that is most convenient to the greatest number of parents.

Warm regards,

Revd Daniel Norris – Executive Headteacher