

## Weekly Menu: Epiphany 2020 Wk 3 V

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan
Baked Potato with Baked Beans	Baked Potato with Cheese & Baked Beans	Baked Potato with Baked Beans	Baked Potato with Tuna & Mayo	Baked Potato with Baked Beans
Baked Potato with Tuna & Mayo	Baked Potato with Cheese & Peppers	Baked Potato with Cheese & Spring Onion	Baked Potato with Two Cheeses	Baked Potato with Cheese & Baked Beans
Cheese Sandwich	Chicken Pizza with Wedges	Cheese Sandwich	Build your own Crisp Chicken Wraps with Rice	Baked Potato with Tuna & Mayo
Egg Sandwich	Egg Wrap	Egg Sandwich	Build your own Crispy Vegetable Wraps	Egg Sandwich
Hachis Parmentier / Cottage Pie	Ham Wrap	Gammon Roast with Roast Potatoes	Cheese Baguette	Fish Fingers and Chips
Ham Sandwich	Tuna and Mayo Wrap	Linda McCartney Roast Potatoes	Egg Baguette	Ham Sandwich
Macaroni Cheese	Vegetarian Bolognaise with Hidden Vegetables	Tuna and Mayo Sandwich	Ham Baguette	Quorn Frankfurters with Chips
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Broccoli	Cauliflower	Carrots	Mixed Vegetables	Baked Beans
Sweetcorn	Peas	Swede		Peas
				Spaghetti Hoops
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Fresh Fruit	Chocolate Orange Brownie	Fresh Fruit	Fresh Fruit	Heart-shaped Cookie
Jam Sponge with Custard	Fresh Fruit	Vegetarian Jelly with Mandarins	Lemon Drizzle Cake	Fresh Fruit
				Fruit Salad

### Allergens

**Heart-shaped Cookie:** Cereals containing gluten, Eggs, Milk; **Macaroni Cheese:** Cereals containing gluten, Milk; **Cheese Sandwich :** Cereals containing gluten, Milk, Soya; **Ham Sandwich :** Cereals contain

gluten, Eggs, Fish, Milk, Soya; **Egg Sandwich** : Cereals containing gluten, Eggs, Milk, Soya; **Chicken Pizza with Wedges**: Cereals containing gluten, Milk; **Gammon Roast with Roast Potatoes**: Celery, Cer  
**Wraps with Rice**: Cereals containing gluten; **Fish Fingers and Chips**: Cereals containing gluten, Fish; **Vegetarian Bolognese with Hidden Vegetables**: Cereals containing gluten, Eggs; **Linda McCartney**  
**Vegetable Wraps**: Cereals containing gluten; **Quorn Frankfurters with Chips**: Cereals containing gluten, Eggs, Sesame seeds; **Chocolate Orange Brownie**: Cereals containing gluten, Eggs, Milk; **Lemon C**  
Cereals containing gluten; **Tuna and Mayo Wrap** : Cereals containing gluten, Eggs, Fish; **Egg Wrap** : Cereals containing gluten, Eggs; **Cheese Baguette** : Cereals containing gluten, Milk, Sesame seeds; **Han**  
**Baguette** : Cereals containing gluten, Eggs, Milk; **Baked Potato with Tuna & Mayo**: Eggs, Fish, Milk; **Baked Potato with Cheese & Baked Beans**: Milk; **Baked Potato with Cheese & Peppers**: Milk; **Bal**  
**Two Cheeses**: Milk; **Hachis Parmentier / Cottage Pie**: Celery, Cereals containing gluten, Eggs, Milk; **Jam Sponge with Custard**: Eggs