

## Weekly Menu: Epiphany 2020 Week 4

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>	<b>Main</b>
Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan
Macaroni Cheese with Bacon Lardons	Pepperoni Pizza with Potato Wedges	Gammon Roast with Roast Potatoes	Build your own Crisp Chicken Wraps with Rice	Fish Fingers and Chips
Macaroni Cheese	Margarita Pizza with Potato Wedges	Linda McCartney Sausages with Roast Potatoes	Veggie Nuggets with Rice	Quorn Frankfurters with Chips
Baked Potato with Baked Beans	Baked Potato with Cheese & Baked Beans	Baked Potato with Cheese	Baked Potato with Two Cheeses	Baked Potato with Cheese & Baked Beans
Baked Potato with Tuna & Mayo	Baked Potato with Cheese and Homemade Coleslaw	Baked Potato with Quorn Mince	Baked Potato with Tuna & Mayo	Baked Potato with Spaghetti Hoops
Cheese Sandwich	Egg Wrap	Cream Cheese and Cucumber Sandwich	Cheese Baguette	Cheese Sandwich
Egg Sandwich	Ham Wrap	Egg Sandwich	Chicken Baguette	Ham Sandwich
Ham Sandwich	Tuna and Mayo Wrap	Tuna and Mayo Sandwich	Ham Baguette	Tuna and Mayo Sandwich
<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>	<b>Vegetables</b>
Broccoli	Cauliflower	Carrots	Mixed Vegetables	Baked Beans
Sweetcorn	Peas	Swede		Peas
				Spaghetti Hoops
<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>	<b>Dessert</b>
Fresh Fruit	Chocolate Orange Brownie	Vegetarian Orange Jelly	Lemon Drizzle Cake	Apple and Cinnamon Pie
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

### Allergens

**Macaroni Cheese with Bacon Lardons:** Cereals containing gluten, Milk; **Pepperoni Pizza with Potato Wedges:** Cereals containing gluten, Milk, Soya; **Baked Potato with Cheese and Homemade Coleslaw:** Cereals containing gluten, Milk, Soya; **Cheese and Cucumber Sandwich:** Cereals containing gluten, Milk, Soya; **Veggie Nuggets with Rice:** Cereals containing gluten; **Chicken Baguette:** Cereals containing gluten, Milk, Sesame seeds; **Apple and Cinnamon Pie:** Cereals containing gluten, Milk; **Cheese Sandwich:** Cereals containing gluten, Milk, Soya; **Ham Sandwich:** Cereals containing gluten, Milk, Soya; **Tuna and Mayo Sandwich:** Cereals containing gluten, Eggs, Fish, Milk, Soya; **Egg Sandwich:** Cereals containing gluten, Milk, Soya

**with Roast Potatoes:** Celery, Cereals containing gluten, Eggs, Milk; **Build your own Crisp Chicken Wraps with Rice:** Cereals containing gluten; **Fish Fingers and Chips:** Cereals containing gluten, Fish; **Q** Sesame seeds; **Chocolate Orange Brownie:** Cereals containing gluten, Eggs, Milk; **Lemon Drizzle Cake:** Cereals containing gluten, Eggs, Milk; **Ham Wrap :** Cereals containing gluten; **Tuna and Mayo Wra** containing gluten, Eggs; **Cheese Baguette :** Cereals containing gluten, Milk, Sesame seeds; **Ham Baguette :** Cereals containing gluten, Milk, Sesame seeds; **Linda McCartney Sausages with Roast Potato** **Potato with Cheese:** Milk; **Baked Potato with Tuna & Mayo:** Eggs, Fish, Milk; **Baked Potato with Cheese & Baked Beans:** Milk; **Baked Potato with Two Cheeses:** Milk