

Weekly Menu: Epiphany 2020 Week 6

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan	Allergy Meal - as part of plan
French Style Chicken with Rice	Pork Hotdog and Wedges	Roast Beef with Yorkshire Pudding & Roast Potatos	Lasagne with Garlic Bread	Fish Fingers and Chips
Cheese and Sweetcorn Pizza with Wedges	Quorn Hotdog with Wedges	Homemade Veggie Sausage Roll with Roast Potatoes	Linda McCartney Veggie Balls with Rice	Salmon Fingers and Chips
Baked Potato with Beans & Cheese	Veggie Mince Bolognaise with Spiral Pasta	Baked Potato with Baked Beans	Baked Potato with Cheese & Peppers	Quorn Dippers with Chips
Baked Potato with Tuna & Mayo	Baked Potato with Two Cheeses	Baked Potato with Beans & Cheese	Baked Potato with Tuna & Mayo	Baked Potato with Baked Beans
Cheese Sandwich	Baked Potato with Tuna & Mayo	Baked Potato with Tuna & Mayo	Cheese Baguette	Baked Potato with Spaghetti Hoops
Ham Sandwich	Cheese Wrap	Cheese Sandwich	Egg Baguette	Cheese Croquet Monsieur
Tuna and Mayo Sandwich	Ham Wrap	Egg Sandwich	Ham Baguette	Ham Croquet Monsieur
Vegetables	Vegetables	Vegetables	Vegetables	Vegetables
Broccoli	Cauliflower	Carrots	Mixed Vegetables	Baked Beans
Sweetcorn	Peas	Parsnips		Peas
				Spaghetti Hoops
Dessert	Dessert	Dessert	Dessert	Dessert
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
	Biscuits and Cheese	Chocolate and Beetroot Cake	Banana Cake	Ice Cream

Allergens

French Style Chicken with Rice: Cereals containing gluten, Milk; **Veggie Mince Bolognaise with Spiral Pasta:** Cereals containing gluten, Eggs; **Linda McCartney Veggie Balls with Rice:** Cereals contain **Sandwich :** Cereals containing gluten, Milk, Soya; **Ham Sandwich :** Cereals containing gluten, Milk, Soya; **Tuna and Mayo Sandwich :** Cereals containing gluten, Eggs, Fish, Milk, Soya; **Egg Sandwich :** Cer

Cereals containing gluten, Fish; **Lasagne with Garlic Bread**: Cereals containing gluten, Eggs, Milk, Soya; **Roast Beef with Yorkshire Pudding & Roast Potatos**: Celery, Cereals containing gluten, Eggs, Milk seeds, Sulphur Dioxide; **Cheese and Sweetcorn Pizza with Wedges**: Cereals containing gluten, Milk; **Quorn Dippers with Chips**: Cereals containing gluten, Eggs, Milk; **Biscuits and Cheese**: Cereals containing gluten, Eggs, Milk; **Cheese Wrap** : Cereals containing gluten, Milk; **Ham Wrap** : Cereals containing gluten; **Cheese Baguette** : Cereals containing gluten, Milk, Sesame seeds; **Egg Baguette** : Cereals containing gluten, Eggs, Milk; **Ham Croquet Monsieur** : Cereals containing gluten, Milk, Soya; **Cheese Croquet Monsieur** : Cereals containing gluten, Milk, Soya; **Salmon Fingers and Mayo**: Eggs, Fish, Milk; **Baked Potato with Cheese & Peppers**: Milk; **Baked Potato with Two Cheeses**: Milk; **Baked Potato with Beans & Cheese**: Milk