

Support for families in Harrow

Directory of services in Harrow

L.B.Harrow Covid-19 Residents support

www.harrow.gov.uk/coronavirus-covid-19/support-residents

Harrow Covid Helpline 020 8901 2698

SWISH (Support & Wellbeing Information Service in Harrow)

www.swishharrow.org.uk 020 8515 7867

Young Harrow Foundation 020 8429 8592

www.youngharrowfoundation.org

Food Support

Help Harrow www.helpharrow.org

Free School Meals Eligibility Checker www.pps.lgfl.org.uk

London Community Kitchen (Harrow & Wealdstone) - Surplus food market, The Bridge Centre, Christchurch Ave, HA3 5BD.

www.facebook.com/LondonsCommunityKitchen

office@londonscommunitykitchen.com 07366 088811

OneForty Food & meals available, see Facebook for more details

www.facebook.com/onefortyharrow www.oneforty.net 07894341430

Financial Support

CAP - Christian Against Poverty

www.rlbc.org.uk/christians-against-poverty-debt-centre

Wellbeing, Mental Health & SEN Support

Harrow Parent Forum supporting parents with children with SEN, weekly virtual 'coffee' mornings / evenings:
www.harrowparentforum.org

Childline offering parents, children and young people advice on dealing with the current situation: www.childline.org.uk

NHS Mental Health App - signposts to various apps for young people to help with anxiety www.nhs.uk/apps-library/category/mental-health

NSPCC Support and advice for parents and carers on Covid-19 www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents

Education

National Education Union A national advice point for parents and carers regarding school at home: www.coronavirusandschools.org.uk

BBC Bitesize help with homework, revision and learning: free videos, guides, activities and quizzes by level: www.bbc.co.uk/bitesize

Extra support / ideas / useful websites

Citizens Advice Harrow - advice on various issues:
www.citizensadviceharrow.org.uk 0208 427 9477

Hestia Domestic abuse and support in Harrow: www.hestia.org

Church of England Light a virtual candle:
www.churchofengland.org/our-faith/light-candle

Daily Hope a free phone line of Christian hymns, reflections and prayers: 0800 804 8044

This leaflet has been compiled by
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via www.ccrharrow.org or www.facebook.com/ccrharrow
Contact us: kids@ccrharrow.org or 020 8422 3241

Disclaimer: These organisations have been brought together from various locations. We believe them to be reputable but cannot be responsible for all the information they contain.

ChristChurch
Roxeth

