Our Senses - Sight

To see the world around us, we use our eyes. Our eyes are very clever. They can help us to see things that are a very long way away and things that are very close. We can see well when it is bright and even when it is dark. Our eyes come in lots of different colours like blue, brown and green. Your eye is made up of different parts.

The Eye
1. The Pupil – the part in the middle of the eye that lets in light.
2. The Iris – the coloured part that helps the pupil open and close.
3. The eyelid – it keeps the eyeball moist and protects it.
4. The eyelashes – they stop dirt and other things from getting into your eyes.

Being able to see well is really important. We do things every day where, if we couldn’t see well, it would be very dangerous. It is important that anyone driving a car can see well. It is important that people working on high buildings can see well. Some people can’t see very well. This can be for lots of reasons. People’s eyes start to not work as well when they get older and some people are born with a part that doesn’t work properly, but some people have lots of ways to help. You can get glasses, which help your eyes to see clearly, or even wear contact lenses, which fit straight onto someone’s eye.

Amazing Fact
A tiger can see six times better than a person in the dark! Be careful.
Some people are born not being able to see at all, or they lose their sight. They are known as blind. There are lots of things that blind people do to lead normal lives. They use a white stick to find their way down the pavement and they might have a dog to guide them. Blind people use their sense of touch a lot, instead of sight, to read and work out what things look like.

Our eyes are incredible and are working hard every second we are awake. We blink without even thinking about it and most of what we remember comes from what we see. Be kind to your eyes!

Did You Know?
Dolphins sleep with one eye open!
Our Senses - Sight Questions

1. Can you name three different eye colours?

2. What is the job of the eyelid?

3. What can doctors give you if you cannot see very well?

4. Which animal sleeps with one eye open?

5. Give two things that a blind person might use to help them.

6. Complete this sentence: A ________________________ can see 6 times better than a person.
Our Senses - Sight **Answers**

1. Can you name three different eye colours?
   *Some eye colours include blue, brown, green.*

2. What is the job of the eyelid?
   *The eyelid keeps the eyeball moist and protects it.*

3. What can doctors give you if you cannot see very well?
   *Doctors can give you glasses or contact lenses to help you see.*

4. Which animal sleeps with one eye open?
   *A dolphin sleeps with one eye open.*

5. Give two things that a blind person might use to help them.
   *A blind person might use a white stick to help them walk down the street, or a guide dog to show them the way.*

6. Complete this sentence: A **tiger** can see 6 times better than a person.